

# The Bucket Filler Program (A Brief Introduction)

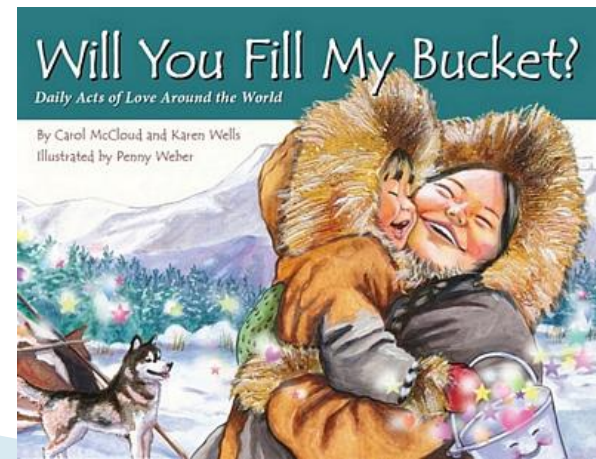
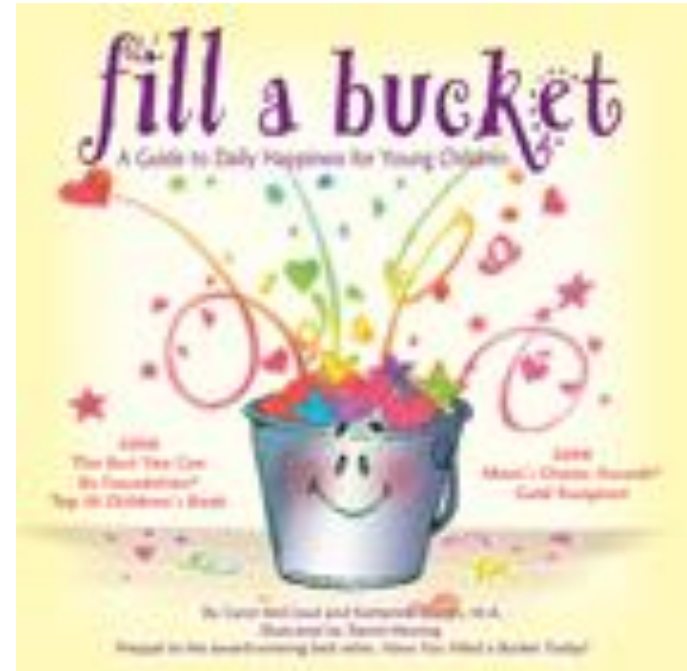
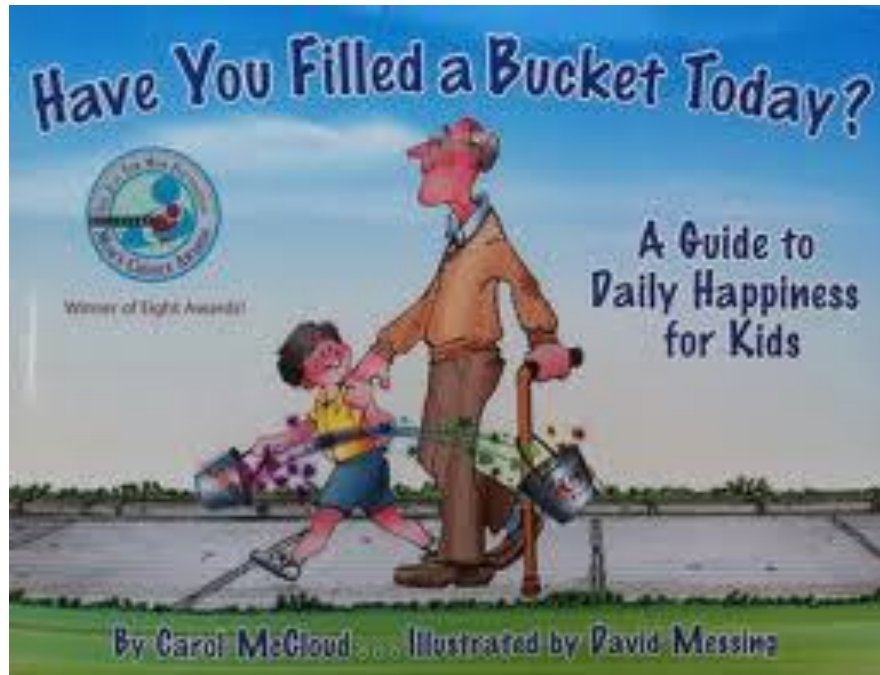
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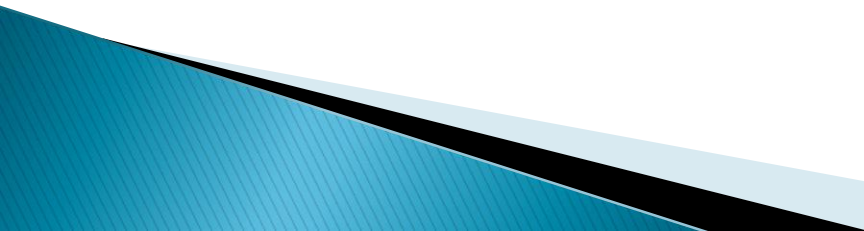
# Why it's important...

- ▶ "A school's mission is to help every child reach their maximum potential. Children learn best when they feel "connected" and understand that their teacher, other school staff, and their classmates genuinely care about them. *When they feel safe and valued, their buckets are filled and their mental and emotional needs are met.* Children with full buckets receive a huge boost in their ability to *learn and absorb information.*"

# The Books...

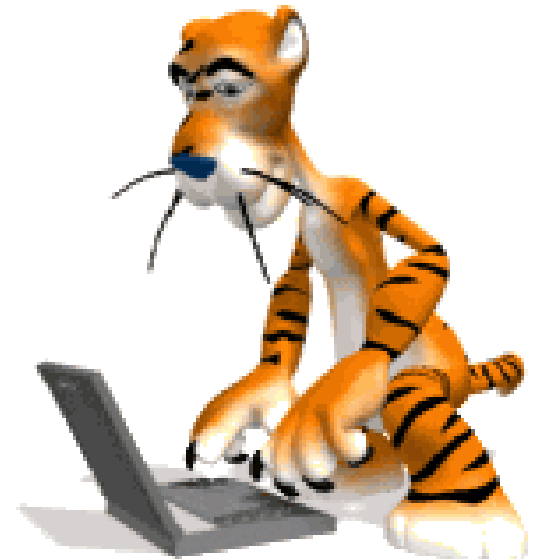


# Goals...

1. To teach children how to reach out and express love, respect and appreciation to others
  2. To help children become other-centered rather than self-centered
  3. To help children express their feelings (good and bad) in a healthy manner
  4. To help children understand where feelings originate and how to protect their feelings from being hurt
  5. To establish a framework for more constructive words and actions and less bullying
  6. To create more positive home and school environments
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# Concepts Learned...

- ▶ Bucket Filling (showing love and respect for others)
- ▶ Bucket Dipping (bullying)



# How does Bucket Filling fit in with other character development programs?

- ▶ Bucket Filling has become one of the most popular and effective character development programs
- ▶ Easily understood, and simple to implement
- ▶ When another successful character-development program is already in place, Bucket Filling enhances that program. Every character trait
  - Kindness, respect, responsibility, trust, fairness, and citizenship

# Bucket

# Bucket

Dipper



Filler

Mean Words

Mean Faces

Hurtful Hands

Slow to Help Others

Make Others Sad

Exclude Others

Steal and Take

Nice Words

Kind Faces

Helpful Hands

Quick to Help Others

Make Others Happy

Include Others

Share and Give

# Things to Do in the Classroom/ School...

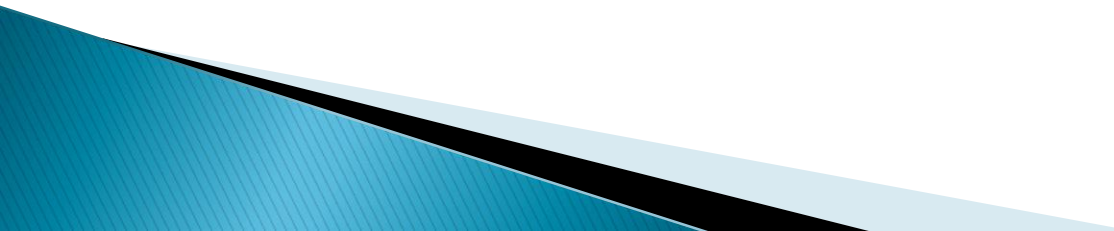
## Say the Pledge



- Use the terminology of bucket filler and bucket dipper
- Remind students to use their lid
- End each day by reminding student to "Remember to fill someone's bucket today"
- Use Class wide/ individual recognition system
- Bucket filler of the week/ month
- "Catch them being good"



# Benefits

- ▶ Focus on the positives
  - ▶ It's simple
  - ▶ It's tangible
  - ▶ It builds healthy relationships
  - ▶ Reduces negativity
  - ▶ Positively contagious
  - ▶ 3 Rules to be a bucket filler: be a bucket filler, don't be a bucket dipper, and use a lid to protect your bucket
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# Reference

- ▶ [www.bucketfiller101.com](http://www.bucketfiller101.com)