



## **PARENTING WITH INTENTION**

Do you feel like your kids never listen?

Are you tired of feeling like everything is a battle?

Are you tired of the chaos and drama?

Do you desire peace, order and love in your home?

### **YOU ARE NOT ALONE!**

In this workshop you will:

Discover the optimal conditions for your child's brain to develop and mature

Discover skills that empower your child to connect empathetically with others, make better decisions & manage their emotions

Experience real life stories

Learn strategies to parent intentionally to create long term internal change in your household

Create an atmosphere where you & your kids feel heard and understood

Form a community with other Intentional parents on our private Facebook group

# **Parenting with Intention Workshop**

**Register  
Online Today!**

[www.LivingFullLifeCoaching.com](http://www.LivingFullLifeCoaching.com)

Doreen Steenland is a Certified Professional Life Coach & Registered Nurse who empowers parents to discover peace and purpose in their homes as they live intentionally. Doreen truly understands the challenges of parenting in our culture today and wants to empower you to be intentional parents. She comes from a place of authenticity, understanding, grace & encouragement.

**For more information email us at  
[LivingFullLifeCoaching@gmail.com](mailto:LivingFullLifeCoaching@gmail.com)**

### **Workshop Dates**

**Mondays @ 7PM  
October 1, 8, 15 & 22**

### **Cost**

**\$50 single • \$60 couple**

### **Location**

**Spring Lake  
Community Theater**