



## HW Mountz 2019 Spring Track Booster Club Sport

We are excited to kick off Spring Track for 5th - 8th grade boys and girls.

### **Coaches:**

Kerry Patterson [kerryjeanne13@gmail.com](mailto:kerryjeanne13@gmail.com) (917) 576-2191

Cheryl Lynch [cherylslynch@gmail.com](mailto:cherylslynch@gmail.com) (908) 447-3829

### **Practices: START DATE MONDAY March 25th**

- Practices will be held 1-2 days a week (Mondays & Fridays)
- Location - Marucci Park (meet by the picnic tables)
- Time - 3:15 - 4:15 pm
- Please wear light-weight running clothes, shoes and bring a water bottle
- An announcement at school will be made at school if practiced is cancelled and an email will be sent by 2pm to parents. (We do run in the rain!)

### **Meet Location:**

Antrim School Outdoor Track located at **401 Niblick Street Point Pleasant Beach**

### **Meet Schedule:**

(Meet starts promptly at 4:00 pm - arrive by 3:30 pm)

- Tuesday, April 9th
- Tuesday, April 16th
- Wednesday, May 1st
- Tuesday, May 7th
- Thursday, May 9th
- Wednesday, May 15th

### **Meet Information:**

- Meet Events & Order:
  - 1600 m
  - 200 m
  - 800 m
  - 100 m
  - 400 m
  - 4x1 Relay
- Field Events: Long Jump
- Meet Uniform - running t-shirt to be provided by Booster Club. Please wear black shorts of your choice, comfortable socks and running shoes.

Email [kerryjeane13@gmail.com](mailto:kerryjeane13@gmail.com) ASAP to sign up for Track